

March

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> dipper doodle bar (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> hot classic chicken sausage and cheddar bagel sandwich fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">2</p>	<p>NO SCHOOL STAFF DEVELOPMENT</p> <p style="text-align: right;">3</p>
<ul style="list-style-type: none"> honey buttons cereal (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> hot pancakes w/ syrup lemon muffin fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> hot southwest chicken chorizo and cheese brekwich fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> mini dipperdoodle /hard boiled egg (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> snow flurries cereal (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> yogurt/granola fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> hot omelet w/ cheese fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> french toast muffin fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> hot turkey and cheddar brekwich fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> banana muffin fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> snow flurries cereal (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> lemon muffin fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> honey buttons cereal (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> jumpstart breakfast: mini dipperdoodle /string cheese fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> dipper doodle bar (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> cocoa critters cereal (DF) fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> hot pancakes w/ syrup yogurt/dick and janes smart crackers fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> banana muffin fresh seasonal fruit 1% or Fat-Free Milk <p style="text-align: right;">31</p>

What's New?

March 6 – 10th is **National School Breakfast**, and we're serving all your favorites to celebrate!

Try our delicious **Lemon Muffin**, you will also enjoy the delightful **Cinnamon Crumble** and more..

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity vider



March

LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> • cheese pizza w/a whole grain crust (VG) ○ steamed corn • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> • orange chicken rice bowl (DF) ○ chopped lettuce and sliced tomatoes with ranch • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">2</p>	NO SCHOOL STAFF DEVELOPMENT
<ul style="list-style-type: none"> • lone star grilled chicken breast sandwich ○ steamed corn • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> • chicken enchiladas • turkey and cheese sandwich ○ edamame & baby carrots • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> • chicken salad sandwich (DF) ○ sweet potatoes • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> • all natural hot dog (DF) ○ sloppy joe (DF) ○ celery sticks with ranch • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • buffalo chicken crunchadilla ○ braised greens • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">10</p>
<ul style="list-style-type: none"> • chicken bites (DF) ○ green peas • fresh seasonal fruit • 1% or Fat-Free Milk ○ <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> • fiesta scoops w/three layer dip (VG) • baked mac & cheese and bbq chicken lunch combo ○ pinto beans & baby carrots • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> • spaghetti and meatballs (DF) ○ chilled, seasoned green beans • fresh seasonal fruit • 1% or Fat-Free Milk ○ <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> • bbq chicken sandwich ○ chopped lettuce and sliced tomatoes with ranch • fresh seasonal fruit • 1% or Fat-Free Milk ○ <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • breakfast for lunch: pancakes w/ omelet (VG) • ham and cheese sandwich ○ sweet potatoes • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">17</p>
<ul style="list-style-type: none"> • crispy chicken sandwich (DF) ○ chilled, seasoned green beans • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> • cheesy chicken quesadilla ○ blanched broccoli florets & pinto beans • fresh seasonal fruit • 1% or Fat-Free Milk ○ <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> • bbq chicken w/cheesy rice • garden ranch salad w/ chicken breast ○ sweet potatoes • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> • all natural hot dog (DF) • cheese pizza w/a whole grain crust (VG) ○ chopped lettuce and sliced tomatoes with ranch • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • creamy pasta alfredo (VG) ○ steamed corn • fresh seasonal fruit • 1% or Fat-Free Milk ○ <p style="text-align: right;">24</p>
<ul style="list-style-type: none"> • chicken taco trio ○ sweet potatoes • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> • turkey and cheese sandwich ○ pinto beans & baby carrots • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> • baked mac & cheese and chicken bites lunch combo ○ green peas • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> • sloppy joe (DF) ○ chopped lettuce and sliced tomatoes with ranch • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">30</p>	<ul style="list-style-type: none"> • jumbo italian meatball w/ penne • kickin chicken melt sandwich ○ chilled, seasoned green beans • fresh seasonal fruit • 1% or Fat-Free Milk <p style="text-align: right;">31</p>

What's New?

It's always a party w/ our new **Fiesta Scoops!** Oven-baked tortilla scoops are served w/a cheesy, taco-spiced bean & rice dip.

Look for it on the menu on Tuesday the 14th and 31st

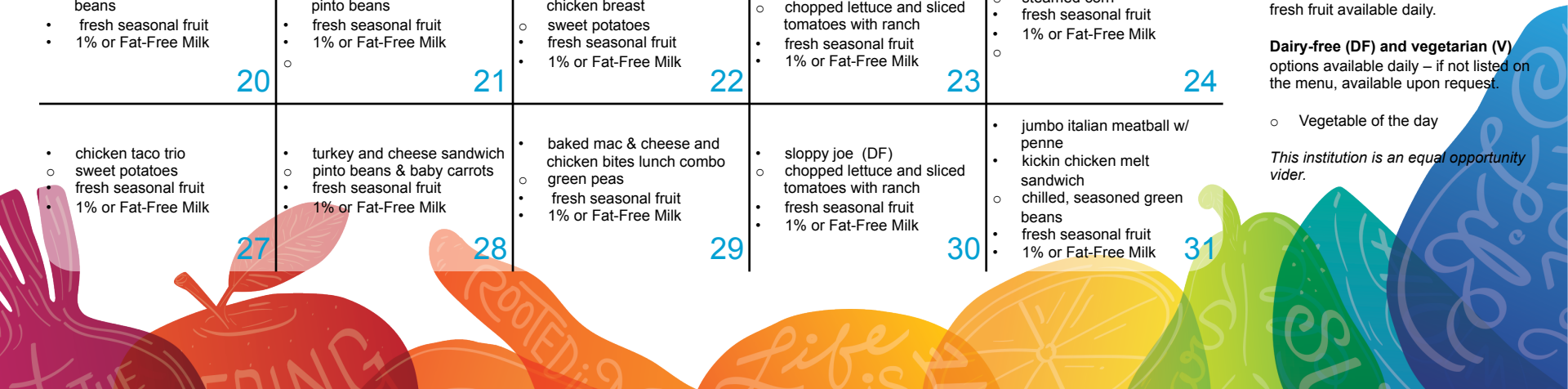
**Fiesta Scoops currently unavailable for schools that receive hot deliveries. On-site oven required.*

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

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March

SNACK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
		<ul style="list-style-type: none"> dick and janes smart crackers fresh seasonal fruit 	<ul style="list-style-type: none"> mini dipperdoodle fresh seasonal fruit 	NO SCHOOL STAFF DEVELOPMENT
		1	2	3
<ul style="list-style-type: none"> goldfish cheese crackers/juice fresh seasonal fruit 	<ul style="list-style-type: none"> granola/string cheese fresh seasonal fruit 	<ul style="list-style-type: none"> yogurt fresh seasonal fruit 	<ul style="list-style-type: none"> skeeter honey grahams fresh seasonal fruit 	<ul style="list-style-type: none"> mini dipperdoodle fresh seasonal fruit
6	7	8	9	10
<ul style="list-style-type: none"> string cheese fresh seasonal fruit 	<ul style="list-style-type: none"> dick and janes smart crackers fresh seasonal fruit 	<ul style="list-style-type: none"> mini dipperdoodle fresh seasonal fruit 	<ul style="list-style-type: none"> multigrain rumbles – ranch fresh seasonal fruit 	<ul style="list-style-type: none"> zac attack bar strawberry fresh seasonal fruit
13	14	15	16	17
<ul style="list-style-type: none"> goldfish cheese crackers fresh seasonal fruit 	<ul style="list-style-type: none"> granola/string cheese fresh seasonal fruit 	<ul style="list-style-type: none"> yogurt fresh seasonal fruit 	<ul style="list-style-type: none"> zac attack bar apple fresh seasonal fruit 	<ul style="list-style-type: none"> multigrain rumbles - salsa fresca fresh seasonal fruit
20	21	22	23	24
<ul style="list-style-type: none"> dick and janes smart crackers/juice fresh seasonal fruit 	<ul style="list-style-type: none"> string cheese fresh seasonal fruit 	<ul style="list-style-type: none"> skeeter cinnamon grahams fresh seasonal fruit 	<ul style="list-style-type: none"> mini dipperdoodle fresh seasonal fruit 	<ul style="list-style-type: none"> zac attack bar apple fresh seasonal fruit
27	28	29	30	31

Did You Know?

Get your grains on! Our Rumbles come in three different flavors, and all are made w/six different types of whole grains, including wheat, cornmeal, barley, brown rice, spelt, and rye

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

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