

April



revolution foods.

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Cinnamon Chex with Honey Grahams Fresh Fruit <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> Cinnamon Chex with Honey Grahams Fresh Fruit <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> Breakfast Cinnamon Crumble Fresh Fruit <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> French Toast Muffin Fresh Fruit <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> Blueberry Muffin Fresh Fruit <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> Yogurt with Educational Snacks Fresh Fruit <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> Lemon Muffin Fresh Fruit <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> Multigrain Cheerios with Mini Dipperdoodle Bar (DF) Fresh Fruit <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> Banana Muffin Fresh Fruit <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> Dipper Doodle Bar (DF) Fresh Fruit <p style="text-align: right;">13</p>
<p style="text-align: center;">Emanipation Day No School</p> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> String Cheese with Cinnamon Grahams Fresh Fruit <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> French Toast Muffin Fresh Fruit <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> Zee Zees Berry Apple Crisp Bar (DF) Fresh Fruit <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> Blueberry Muffin Fresh Fruit <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> Cheerios & Zac Attack Apple (DF) Fresh Fruit <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> Lemon Muffin Fresh Fruit <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> Blueberry Burst Whole Grain Bagel with Cream Cheese Fresh Fruit <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> Critters Cereal (DF) Banana Muffin Fresh Fruit <p style="text-align: right;">26</p>	<p style="text-align: center;">Staff Professional Development Day No School</p> <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> String Cheese & Cinnamon Grahams Fresh Fruit <p style="text-align: right;">30</p>				

What's New?

Our favorite **Zee Zees** bar – now available in **Cinnamon Crisp!**



Breakfast: choice of 1% or fat-free milk; fresh available daily except when juice is ordered three times per week.

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LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes w/ Omelet (VG) (PK Only) • Sesame Chicken Wrap (DF) • Baby Carrots • Edamame (legume) • Fresh Fruit <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> • Sunny Sandwich Kit (VG) (PK Only) • Honey Mustard Chicken Wrap • Green Peas • Fresh Fruit <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Chilled, Seasoned Green Beans • Fresh Fruit <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> • Chicken Salad Sandwich (DF) (PK Only) • Garden Ranch Chicken Salad • Chopped Lettuce and Sliced Tomatoes with Ranch • Fresh Fruit <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> • Lone Star BBQ Chicken Sandwich • Sweet Potatoes • Fresh Fruit <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> • Philly Cheesesteak Sandwich • Turkey and Cheese Sandwich • Tomatoes • Pinto Beans (legume) • Fresh Fruit <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and BBQ Chicken (PK Only) • Hot Dog (DF) • Glazed Carrots • Fresh Fruit <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> • Sesame Chicken Salad • Green Beans • Fresh Fruit <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> • Flame Broiled Cheeseburger • Chopped Lettuce and Sliced Tomatoes with Ranch • Fresh Fruit <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> • Hawaiian Meatballs with Island Style Rice • Crispy Chicken Sandwich (PK Only) • Corn and Tomato Salad • Fresh Fruit <p style="text-align: right;">13</p>
<p style="text-align: center;">Emancipation Day No School</p> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> • The Revolution Hot Dog Kickin Chicken Melt Sandwich (PK Only) • Green Peas • Fresh Fruit <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Sweet Potatoes • Fresh Fruit <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Blanched Broccoli Florets with Ranch • Fresh Fruit <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Seasoned Green Beans • Fresh Fruit <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> • Turkey and Cheese Sandwich • Edamame (legume) • Broccoli Florets • Fresh Fruit <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Steamed Corn • Fresh Fruit <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> • The Revolution Hot Dog Cheesy Pizza Bites (PK Only) (DF) • Glazed Carrots • Fresh Fruit <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and BBQ Chicken (PK Only) • Chicken Caesar Salad • Chopped Lettuce and Sliced Tomatoes with Ranch • Fresh Fruit <p style="text-align: right;">26</p>	<p style="text-align: center;">Staff Professional Development Day No School</p> <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> • Sesame Chicken Wrap (DF) • Chicken Salad Sandwich (DF) • Baby Carrots • Edamame (legume) • Fresh Fruit <p style="text-align: right;">30</p>				

What's New?

Spiced up sides! Try our new veggie pairings - **Island Glazed Carrots** and **Chili Citrus Corn**.



Lunch: choice of 1% or fat-free milk; fresh available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

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SNACK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Goldfish "Colors" Cheddar Crackers & String Cheese Fresh Fruit <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> Multigrain Rumbles - Ranch Fresh Fruit <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> Mini Dipperdoodle Fresh Fruit <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> Yogurt Fresh Fruit <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> Zac Attack Bar Apple Fresh Fruit <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> Multigrain Rumbles - Ranch Fresh Fruit <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> Mini Dipperdoodle Fresh Fruit <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> Educational Snacks Fresh Fruit <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> Snacker Pac! Cinnamon Rumbles Fresh Fruit <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> Yogurt Fresh Fruit <p style="text-align: right;">13</p>
<p style="text-align: center;">Emanicipation Day No School</p> <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> Goldfish Pretzels Fresh Fruit <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> Cinnamon Grahams Fresh Fruit <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> Goldfish "Colors" Cheddar Crackers Fresh Fruit <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> Whole Grain Ranch Rumbles Fresh Fruit <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> Cinnamon Grahams Fresh Fruit <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> Multigrain Rumbles - Ranch Fresh Fruit <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> Yogurt Fresh Fruit <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> Educational Snacks Fresh Fruit <p style="text-align: right;">26</p>	<p style="text-align: center;">Staff Professional Development Day No School</p> <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> Goldfish "Colors" Cheddar Crackers & String Cheese Fresh Fruit <p style="text-align: right;">30</p>				

Did you know?



Goldfish crackers were invented 60 years ago (1958) in Switzerland when a biscuit-maker wanted to bake something special for his wife. Since she was a Pisces (whose symbol is a fish), he baked her crackers shaped as the lucky, golden fish.

Snack: fresh available daily except when sunbutter, string cheese, or juice is served.

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